



HELPING NON PROFITS

HELPING FAMILIES

# Connections

THE U1R RESOURCE CENTER NEWSLETTER

VOL 1 FALL 2016

**"TOGETHER" IS A WONDERFUL PLACE TO BE**



## From the Directors Office,

Greetings!

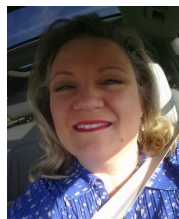
Welcome to the *first Under One Roof* newsletter! We hope to make this something you look forward to and something that helps us all become better connected to one another and to the community we serve. Please, contribute to this newsletter! We will publish one each quarter, on sort of a seasonal basis. Let's share information about your organization as well as anything you think others would like to know about, such as upcoming fundraisers or events your organization is having.

I've been asked to discuss the new building, which I am happy to do as I love this place and all that it stands for. First, I'd like to discuss something we've all been living with forever: the leaky roof. It's so costly to reroof 20,000 square feet of roof, that we have been forced to patch, which we've done for 17 years now. We have really struggled with spending so much on a beautiful new roof, just to tear it down in a few years. But we have proceeded to take bids on every type of roof we could find and have settled on one that should solve our problem and is within our budget. The contractor is scheduled to start very soon. I look forward to loving the rain again!

Now, the new building. It's hard to encapsulate so much information into a short article, but I'll try: There are specific steps involved in building a new facility, especially for a non profit organization. The first of these was to determine if we should just renovate our building or build new. An architectural study determined that, considering the condition of our building, it was more cost effective to start from scratch.

The next order of business was to purchase property. Grants were written to pay for the property next door, then again, for the two lots at the end of our street to the east. Then we had to choose an architect, which involves sending out a Request for Qualifications, building an interview team of community members,

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*"What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal."*

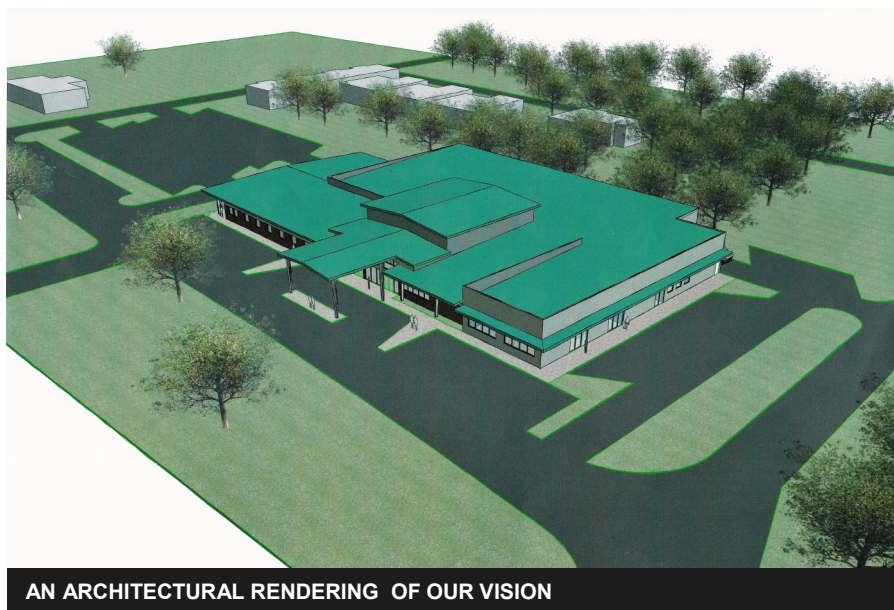
*- Albert Pike*



**A VISION OF THE FUTURE**

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- Recipe
- Upcoming Events



AN ARCHITECTURAL RENDERING OF OUR VISION

*From the Directors Office continued from page 1*

interviewing firms, then finally choosing. We chose Ambler Architects from Bartlesville due to the fact that they had designed complicated projects like ours. Also they demonstrated the “heart” for children and families that we were looking for.

Once they were chosen, we set about putting together a drawing to make sure the new building was designed in a way that best met the needs of our tenant partners and the families we serve. Our architect, Joey Evans, said it was one of the most complex designs he’s done due to the special needs of many of our tenant partners.

Each member of our team has been chosen in just that way, with requests, interviews and finally a choice. Taylor King of Brewer Construction, our pre-construction manager, has developed a feasibility study that tells us how much our building will cost to construct. The final numbers are upwards of \$5 million. We will shoot a little higher to include an endowment so we will have money in the bank to sustain Under One Roof once it’s built. Julie Moss, a federal grant specialist, has been chosen to be our grant writer. She and I have been working on several grants for operations. Once we get our staff funded, we will be here more than part time, which is necessary for a project of this size. The next step, one that will require a shorter time frame is writing grants for the capital campaign. That means the actual building. Julie has researched many foundations that fund projects like ours and once those are accepted, we will have specific time frames to spend the awards.

The final member of our core team will be: Public Relations. Once we do our due diligence and a firm is selected, materials will be developed for us to show others what wonderful things we do here at Under One Roof. We will fundraise locally first, with something like a big “coming out party”, then we will appeal to the foundations through grants.

We agreed as a Board of Directors that our motto would be to ‘accept nothing but excellence’. Everything we’ve done so far has been carefully thought out and executed. We also know it’s a rollercoaster! There will be huge ups and huge downs through this whole project. The highs are great and the lows are horrible, but if we stand strong and stay on the march forward, we will be successful in the creation of a beautiful, safe, state of the art multi-tenant nonprofit center. One that we can be proud of and one that lifts us up and helps the families we serve feel valued.

Kim Woodruff  
Executive Director

## IT’S A GIRL!



Adam Bourne is an Adult/Youth Career Manager for **Oklahoma Works**. He and his wife recently learned that the baby they are expecting will be a girl. Alexa Lena will arrive in February of 2017. **Congratulations Adam!**

**Oklahoma Works**, a tenant partner of **U1R**, is a free employment program with training opportunities. Adam is at the Eufaula office two days per week, Tuesdays and Wednesdays. He also maintains offices in Wagoner and Muskogee.

Adam may be reached by phone through the programs primary number at 918-682-3364



Adam Bourne

## MAKING IT HAPPEN



When the day of the baby shower arrived, volunteers were faced with the task of getting all of the collected items from the U1R center to the middle school.

The creative thinking of Brenda McMahan and Sharon Arnett made it happen.



COMMUNITY BABY SHOWER



## THE COMMUNITY BABY SHOWER

The 2016 McIntosh County Baby Shower was held on Thursday, September 22nd at the Eufaula Middle School. The McIntosh County Health Department partnered with other programs, businesses and individuals in Eufaula to make the event another successful opportunity to reach out to young families. The target population was for women who are thinking of becoming



pregnant, women who are already pregnant, and families with children age two and under.

The community partners set up tables to distribute valuable information to attendees and classes were given on infant massage, infection control and injury prevention.

Thanks to very generous donations from the community many new clothes, diapers, baby

wipes and handmade quilts, bibs and burp rags were distributed. Games were played to win lots of prizes and grand prizes. Strollers, car seat, baby bed, changing table, and swings were happily given away.

A wonderful meal was also provided that included chicken salad on croissants, fruit and vegetables and cake for dessert. Through the hard work of many volunteers and partners, this baby shower was another very successful community event.





## Chicken Tortilla Casserole

Servings per recipe: 6

### Ingredients:

- 10 oz can cream of chicken soup
- 13 oz can evaporated skim milk
- 4 oz can chopped green chilies
- 2 cups diced cooked chicken
- 8 corn tortillas (6 inch), torn in pieces
- $\frac{3}{4}$  cup grated cheddar cheese

### Directions:

In a bowl, mix soup, milk, chilies and chicken.  
 Coat 8x8 inch baking dish with nonstick spray.  
 Place half of the tortilla pieces in the bottom of the dish.  
 Put half the chicken mixture on top of tortillas.  
 Sprinkle with half the cheese.  
 Place rest of the tortilla pieces on the chicken mixture.  
 Top with the rest of the chicken mixture.  
 Sprinkle rest of the cheese on top; cover with foil.  
 Bake at 350° for 30 minutes or until hot and bubbly.



### Hint:

This is a great recipe for kids helping in the kitchen. Let them tear up the tortillas; pour the milk; stir the chicken mixture; sprinkle the cheese. Have kids talk about their day. Family meal times are important for creating strong family ties and values.

Did you know? You don't have to be Native American to apply for WIC at the Muscogee (Creek) Nation WIC offices! Call the main number to apply at 1-800-648-2302, or the Eufaula WIC office at 918-618-4577. Call us today!

Muscogee Creek Nation Women, Infants and Children (W. I. C.) program has been a tenant partner of Under One Roof since 2000.

## UPCOMING EVENTS

*"October is Domestic Violence Awareness Month"*

### Creek Nation Family Violence Prevention Program

**Oct. 6: "Tailgate Party"** - Claude Cox Omniplex, Okmulgee, OK: 3PM - 6PM No Registration Games Prizes  
 Snacks T-Shirts Everyone Welcome 918-732-7979 Tania Bardin

**Oct. 21: "Warriors Honor Women Conference"**, Okmulgee, Ok: 8AM - 4PM  
 Keynote Speaker: Dr. Curtis Brungardt 918-549-2806 contact Monte Randall to register

*"Justice for Abused Women and Children"* featuring National Expert Lundy Brancroft

**Nov. 15:** Okmulgee, OK 9AM - NOON, 1PM - 4PM

**Nov. 16:** Eufaula Indian Community Center 9AM - NOON, 1PM - 4PM

**Nov. 17:** Wetumka, Ok 9AM - NOON 918-732-7979 contact Tania Bardin for more information

### God's Helping Hands

**Nov. 5: Coat and Sweatshirt Giveaway** 10AM - NOON U1R Center